

Paramount Resources Ltd.

## **Paramount Resources Ltd. Announces Director Election Results from its 2017 Annual Meeting of Shareholders**

CALGARY, May 10, 2017 /CNW/ - Paramount Resources Ltd. ("Paramount") (TSX - "POU") announces that at its annual meeting of shareholders held on May 10, 2017 the following seven director nominees were elected:

| <b>NOMINEE</b>     | <b>VOTES FOR</b> |                    | <b>VOTES WITHHELD</b> |                    |
|--------------------|------------------|--------------------|-----------------------|--------------------|
|                    | <b>Number</b>    | <b>Percent (%)</b> | <b>Number</b>         | <b>Percent (%)</b> |
| CLAYTON RIDDELL    | 84,540,337       | 99.24%             | 650,297               | 0.76%              |
| JAMES RIDDELL      | 84,133,157       | 98.76%             | 1,057,477             | 1.24%              |
| JAMES BELL         | 84,932,057       | 99.70%             | 258,577               | 0.30%              |
| JOHN GORMAN        | 84,408,498       | 99.08%             | 782,136               | 0.92%              |
| DIRK JUNGE         | 84,412,126       | 99.09%             | 778,508               | 0.91%              |
| SUSAN RIDDELL ROSE | 83,827,936       | 98.40%             | 1,362,698             | 1.60%              |
| JOHN ROY           | 84,407,440       | 99.08              | 783,194               | 0.92%              |

Also, the re-appointment of Ernst & Young LLP, Chartered Accountants, as auditors of the Corporation was approved.

| <b>VOTES FOR</b> |                    | <b>VOTES WITHHELD</b> |                    |
|------------------|--------------------|-----------------------|--------------------|
| <b>Number</b>    | <b>Percent (%)</b> | <b>Number</b>         | <b>Percent (%)</b> |
| 87,213,560       | 99.59%             | 363,243               | 0.41%              |

Paramount is a Canadian oil and natural gas exploration, development and production company with operations focused in Western Canada. Paramount's Class A Common Shares are listed on the Toronto Stock Exchange under the symbol "POU".

SOURCE Paramount Resources Ltd.

For further information: Paramount Resources Ltd.: J.H.T. (Jim) Riddell, President and Chief Executive Officer, B.K. (Bernie) Lee, Chief Financial Officer, Phone: (403) 290-3600, Fax: (403) 262-7994

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