

Paramount Resources Ltd.

Paramount Resources Ltd. to Present at CAPP Investment Symposium

CALGARY, ALBERTA - Dec. 11, 2012 /CNW/ - Paramount Resources Ltd. (TSX:POU) will present at the 23rd Annual CAPP Investment Symposium on December 12, 2012 at 10:00 AM EST.

To listen and view this event online, please visit:

[\[http://www.capp.ca/aboutUs/events/CAPPOilGasSymposium/Pages/default.aspx\]](http://www.capp.ca/aboutUs/events/CAPPOilGasSymposium/Pages/default.aspx)

Paramount is a Canadian oil and natural gas exploration, development and production company with operations focused in Western Canada. The Company also holds securities of public and private entities, including Trilogy Energy Corp., MEG Energy Corp., and MGM Energy Corp. and holds its heavy oil assets in Cavalier Energy Inc., a wholly-owned subsidiary. Paramount's Class A Common Shares are listed on the Toronto Stock Exchange under the symbol "POU".

For further information: Paramount Resources Ltd., J.H.T. (Jim) Riddell, President and Chief Operating Officer, (403) 290-3600 / Paramount Resources Ltd., B.K. (Bernie) Lee, Chief Financial Officer, (403) 290-3600, (403) 262-7994 (FAX), www.paramountres.com

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